I Wish My Teachers Knew That...



- I want to be given the opportunity to participate in everything.
- Cystinosis causes low energy levels and I need to be allowed to have snacks during the day.

- I may need extra time to complete assignments, tests, and quizzes.
- Sometimes I get very tired and I may need to go to the nurse's office to rest.
- I may miss school when I am sick or in the hospital. So, receiving class notes to review while I am out and being able to meet with teachers when I am back will help me keep up with the class.
- Cystinosis can make my eyes sensitive to light and I may need to wear sunglasses in class.
- I get dehydrated very easily and need to have a water bottle with me at all times. I need permission for extra trips to the bathroom.
- I may need to limit my activity when it's hot because cystinosis impairs my ability to sweat and it can make me very sensitive to heat.
- My medicines can cause body and breath odor and I need to chew gum or have mints in class.
- They can help my classmates understand the challenges I face because of cystinosis.





